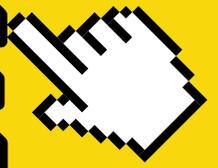


# GET CYBER SAFE CHALLENGE



## WEEK 1 \* CYBER SECURITY DURING COVID-19



### STEP 1

Review today's federal, provincial and regional COVID-19 updates



### STEP 2

Secure your home devices



### STEP 3

Learn the common signs of a phishing scam

## WEEK 2 \* ADOPT A STRONG PASSPHRASE



### STEP 4

Create a unique passphrase for your email, banking and social media accounts



### STEP 5

Replace weak passwords with stronger passphrases



### STEP 6

Use a password manager to track your passphrases

## WEEK 3 \* INSTALL SOFTWARE UPDATES



### STEP 7

Install software updates on your mobile device



### STEP 8

Install software updates on your computer



### STEP 9

Enable automatic updates

## WEEK 4 \* ENABLE MULTI-FACTOR AUTHENTICATION



### STEP 10

Enable multi-factor authentication on your email accounts



### STEP 11

Enable multi-factor authentication on your social media accounts



### STEP 12

Enable multi-factor authentication on your online banking accounts